### **Arthritis**

"I've suffered for 10 years...many sleepless nights due to pain! Hands and feet deformed...three months ago I was unable to hold a pen to write, now am writing this letter! Since sleeping on the Magnetico Sleep Pad, my joint pain is minimal and I sleep restfully. I would not be without it...words cannot express my satisfaction."—W.B., Ontario, Canada

"I have been an osteo-arthritis sufferer for the past 12 years. I experienced many sleepless nights because of pain in my back, neck and shoulders and each morning my hands were stiff and swollen shut. I was introduced to the magnetic mattress 10 months ago and have experienced gradual improvement in my whole body. Thanks to the magnetic mattress, I can now enjoy a good game of golf and other activities."—J.M., British Columbia, Canada

"My wife is 62 and I am 63...the 6 months prior to purchase, my wife slept in a different bed because of severe arthritis in both knees...she now sleeps through the night...I thought I was becoming impotent, but this sleep pad made a difference in our sex life."—B. & I.M., Michigan

## **Headaches**

"I have not had a headache since I began sleeping on my Magnetico Sleep Pad. I was on a 2-week vacation about a month after I got it, and I was sure glad to get back because I could feel the return of the severity of my stiffness and aches and pains. It took me several nights to get back to feeling as good as I did before I left my sleep pad. I'm very satisfied."—E.M, Texas

"At 8 1/2 months, I have not had a headache since I got my sleep pad. I am very satisfied. I will not give up my Magnetico sleep pad. I wouldn't take any amount of money for my pad." —C.R, Age 76, Texas

# **Chronic Fatigue and Fibromyalgia**

"I had generally good health prior to the birth of our son...then it was debilitating back and leg pain, sleeplessness, fatigue, depletion of immune system, little energy...I exhausted every medical lead I could find for relief. My sleep from the first night on the pad was deep and wonderful... no more pain at night. We've had our Sleep Pad for nearly two years...I notice the difference in energy levels if we are away from it for more than a few days.—S. Conn, Canada

"My teenage daughter was diagnosed with chronic fatigue and fibromyalgia and for almost a year and she spent most of her time in bed...After the first night on the sleep pad I saw the difference. After two months she was almost back to normal and remains that way...This has been the best investment we have ever made!"—D.A., Pennsylvania

"Since sleeping on the Magnetico Sleep Pad, my muscle soreness is reduced, and when I do have a flareup, it does not last as long. My immune system is up. I sleep better and have more energy. I look much better too. Friends observe that the former loss of muscle tone around my mouth and accompanying slightly slurred speech difficulty problems have disappeared. Magnetico has definitely improved my quality of life."—R.B., California

## **Sleep Disorders**

"I was using a nasal CPAP machine set at 10cm of water to control my longstanding (over 25 years) obstructive sleep apnea. Without the CPAP machine I would stop breathing every 5 or 6 breaths for up to 30 seconds at a time. After only 2 months...I found that I no longer needed the CPAP. I feel great."—A.C., Ontario, Canada

"For the first time in twenty years, I am getting a decent night's sleep! Before, I suffered bouts of insomnia all the time, and if I did manage to get to sleep, I would awaken at least 3 or 4 times a night. Now...I can count on sleeping straight through! Thank you, Dr. Bonlie, for this wonderful product."—J.M., Washington

## **Circulation and Heart Problems**

"I'm a diabetic...with the resulting poor circulation to the extremities, my toenails had ceased growing for two years. Since sleeping on your Magnetico pad, the color is returned to my fingers and toes, and the nails are growing again."—R.H., Texas

"[Before using the pad], I was on heavy blood pressure medication (6-8 tabs/day). My daughter checks my blood pressure 3 times a day...we dropped off the meds as the blood pressure lowered. Today it was down in normal range of 130 over 76. It hadn't been below 80 for years! I am so thankful... it can't be easier than just going to bed at night!"—C.D., Oklahoma

## **Bone Density**

"Bone density rating improved dramatically in the first 3 months on sleep pad. I used a cane to prevent falls. I take walks now without it and seldom use it at all. Tiny varicose veins disappeared in 1 month. In just 9 nights, severe leg cramps that would get me up at night disappeared. Blood pressure was 160 over 90; lowered to 140 over 70 in 3 months...with the same medication. I'm very happy!"—E.C, Texas

# **Multiple Sclerosis**

"In 1980, I was diagnosed with MS...loss of balance, poor coordination, constant muscle spasms, fatigue and limited mobility are daily symptoms I have learned to live with. I have slept on the magnetic pad now for six months...what I have found to be the most beneficial is that it seems to allow my body to "bounce back" at a more rapid rate than previously...It has also assisted in less frequent muscle spasms and I am now waking up more refreshed with more energy. It is not a cure for me but is of great assistance to me in allowing me to live a more active lifestyle with additional energy."—A.S., Alberta, Canada

# **Thyroid Problems**

"I suffer from epilepsy and thyroid problems. After 2 months on the sleep pad, [my thyroid levels] have never fluctuated. The seizures have lessened as well. I have improved nail growth. My circulation has improved by 50%, as well as sex drive."—B.L., Colorado

### Autism

Our daughter...has high functioning autism and was not sleeping through the night for 7 years! Once we received the sleep pad she has slept all night and wakes up a much "happier" child. When she does not sleep in her bed we notice a negative difference in her behavior...We see such a significant improvement in her behavior that I wouldn't want to give up the magnetic pad!" —A.P., Indiana

### **ADHD**

My teenage son has been diagnosed with ADHD. Even with the prescribed dosage of Ritalin (40mg./day), he struggled with impulse control, focusing and time management. Mornings, normally, he was oblivious to time and staying on task. Within the first 24 hours after sleeping on the Magnetico pad, I noticed a change in him. He jumped out of bed alert...focused and on task for morning chores...and ready for school on time without my pushing and redirecting him. He's now able to focus better in his morning high school classes. Overall, he's an average student, but in his a.m. Social Studies class, he went on to receive the top award in his class. Socially, he finds it easier to develop and maintain friendships now. Also, we've been able to reduce his Ritalin dosage by half. We strongly recommend the Magnetico sleep pad for other ADHD young people."—Mom & Son, R.W. & J.M., Alberta, Canada

### **General Health & Fitness**

"I've been running in marathons for 15 years. Since sleeping on the Magnetico Sleep Pad, I've noticed a substantial increase in endurance during the latter third of the race, allowing me to finish first or second in my age category. Also it has eliminated most of my post-race nausea, soreness, and extreme exhaustion. I can now go out and enjoy a celebration dinner after!"

—L.M., California

"I can't say enough about my Sleep Pad! I awake refreshed and get through a hard day's work and still have some energy left at the end of the day. I'm only sorry I didn't know of your sleep pads sooner! Each day (since sleeping on the pad) my wife feels a bit better than the previous day. I have looked into other sleep pads and feel that yours is the only one worth using."

—B.R., Illinois

"Following an auto accident five years ago, I have been searching for a solution to pain in the soft tissue of my neck, arm, lower back and leg. After six weeks of sleeping on the magnetic Sleep Pad, I anticipate total recovery. With the combination of good food, nutritional supplements, and therapy, the Sleep Pad has supplied the final piece of the puzzle. I sleep comfortably all night and awaken refreshed and am full of energy. As a matter of fact, I don't recall ever having this much energy. Thank you!"—Name Withheld, Virginia